



Living God Newsletter

Sunday
Worship
9:30 AM

3200 Horseshoe Pike
Honey Brook, PA 19344
Phone: 610-273-9383
www.livinggodchurch.org

†Go forth with the gospel! †Loving God †Growing with Christ †Welcoming All

NEWS FROM THE OFFICE

ANNUAL REPORTS All reports for the 2014 Annual Report should have been emailed and received by the church office. If you have not done so time is running out. Please email your report to living_god@verizon.net as soon as possible to meet the printing deadline. If you have any questions please call me at 610-273-9383.



Congratulations to Tori Troupe who made her First Holy Communion on Sunday, March 2nd.

Tel Hai Summer Staff Opportunities. Tel Hai Camp hires 18-20 High School students to help with their summer camp program. These are paid positions, ranging from \$135 to \$160 per week. The positions available are in archery, boating, horses, kitchen, maintenance, lifeguarding, challenge course, and other areas of recreation. If you know someone that might be interested please contact Bruce Gregory, program director at 610-273-3969. Posters and information pamphlets have been posted on the church bulletin board.



Congratulations to the Gates family on the birth of their son, Henry William Gates.

Sunday Volunteer Substitutions All substitutions for Sunday volunteers are to be made by the scheduled volunteer and not the church office. Please use the provided phone list to contact a substitute then inform the church of the change.

New Member to LGLC— We are glad to welcome Dorothy Devaney, as a new member of LGLC. She has been visiting us for the past year, and has recently fulfilled the requirements of active membership. Dorothy resides at Tel Hai with her husband, Robert.

FELLOWSHIP TEAM NEWS

June 8th, 2014 Quarterly Pot Luck Lunch Sun., June 8th following church service. A sign up sheet will be posted for those who wish to attend. For more information contact Joyce Ring at tinderjr@hotmail.com or call 610-458-5525.

Fellowship Snacks The following Committees are responsible for snacks and treats after church service during the following months; **April**- Worship Team, Sue Fessenbecker 610-273-3152, **May**— Education Team, Denise Singer-Ott 484-514-2175
If anyone from the congregation wishes to provide a baked item please call the contact person listed for the assigned month.

WORSHIP TEAM NEWS

Easter Service Times

Maundy Thurs., April 17th, 7:30pm

Good Friday, April 18th, 7:30pm

Easter Sunday, April 20th, Sunrise 6:30am & 9:30am

The sunrise service will be held outdoors weather permitting.

Easter Cantata, April 13th This year's cantata is "The Weeping Tree". It is a profoundly moving work for Holy Week, composed by Joseph M. Martin. The *Weeping Tree* is a poignant portrait of the cross, that uses beloved hymns, newly composed music, thoughtful narration and symbols of Christ's passion to create a touching testament of grace.

OUTREACH TEAM NEWS

Mary's and Martha's (or also known as the M&M's)

We continue to meet on Mondays at 1:30 in the Sunday School room. We have had to cancel several meetings due to bad weather and we also took time off for the holidays. We have completed 10 quilts to date, and hope to have about 25 by October. We are considering a Saturday event open to the community, for quilting at church. Special invitations would be sent to Tel Hai and Knob Hill. We would provide coffee and cookies.

In order to do this, we would need to have quilts ready for final assembly. We are currently especially in need of fabric for backings. Gently used sheets, or fabric 65" X 85", will work. Medium to dark colors are preferred for the backs and any color or print may be used for the 9 1/2" squares for the front. Sheets, from crib size up to king and even pillow cases are good materials to use for the 9 1/2" squares on the front. Some new quilters have recently joined the group. Several of our regulars are traveling. Please join us as we provide quilts for Lutheran World Relief. The quilts we sent for distribution in October were given to people in the Philippines.

Watch the Sunday bulletins and the bulletin board at church for the date of our community quilting event.

Deanna Arndt, 610 286 0182

EDUCATION TEAM NEWS

Youth Group Information The LGLC youth group (called JAM) meets every other starting Sunday Sept., 22 through June 2014 from 11-12:30pm for those in grades 5-12. A special event is usually scheduled once a month. New friends are always welcome. For more information about the program go to LGLCYOUTH.BLOGSPOT.COM

Children's Ministry Children ages 3-4th grade are welcome to join us for Sunday school every Sunday starting Sept. 22, through June 2014 at 11am. For more information about the program go to LGLCKIDS.BLOGSPOT.COM

VACATION BIBLE SCHOOL Save the Date for this summer's Vacation Bible School! Come learn and celebrate God's word. **VBS will be Monday- Thursday, June 23rd-26th. Join us for dinner at 5pm and/or VBS from 5:30-8pm.** Children ages 3 through 5th grade are welcome to attend. Contact Kayley Gates at 814-571-1912 or keg240@gmail.com for more information or to volunteer!

SUPPORT TEAM NEWS

Building & Grounds Meetings The B&G Team will hold their next monthly meetings on **Tues, Apr 15th, May 20th, and June, 17th.** All are welcome to participate. If you have any questions about the team please contact Barry at 610-273-2371.

LGLC Council Members

Mary Walleth-President
Jay Arndt-Vice President
Julie Funk-Secretary
Sue Fessenbecker, Joyce Ring,

Church Staff

Pastor Richard Moore
Office Manager-Donna Lewis
Music Director-Angela Zoltek
Treasurer-Patty DeLong
Contribution Recorder-Linda Hume
Nursery Room Attendants-Sharon Pierce & Liza Tosunian



View information and upcoming events at LGLC.

REMINDER-Newsletter articles for the July, August, Sept. newsletter are due **by June 5th.** Please email your article to living_god@verizon.net Thank you!

OUTREACH TEAM NEWS

Cantata Dinner The Outreach Team is preparing plans for a Spring **Dinner and Cantata** performance on Palm Sunday, April 13th. There will be a four course dinner served at 3 pm and our choir will perform the Cantata at 4 p.m. Reservations will be required to determine how many we should prepare for. Price will be \$8 for adults, \$5 for children 7-14, free for under 7 years old. Please invite neighbors and friends and attend with them. Doors will open at 2:30 and dinner will be served promptly at 3. Watch for more details on the bulletin board as we get closer to the date.

Spring Fling Saturday, May 10th, from 9 a.m.to 2 p.m. LGLC will host the annual Spring Fling. Home made soup and assorted wraps will be available for purchase. Also a Bake Table will have desserts from our wonderful bakers. A large Yard Sale will be held and we will be looking for donations of items for it, as well as exercise equipment, books toys etc. There will be raffles of tickets to events and baskets of assorted items. Profits of this event will be given to Hearts in Hand. More information will be in the weekly bulletins as we prepare.

A Mobile Food Pantry in Honey Brook

Chester County Food Bank has opened a distribution center for those in need of food assistance. Anyone in the Twin Valley School District or immediate surrounding area will need to show proof of residency; example; drivers license or a utility bill, to be eligible. The pantry reserves the right to refuse service. Clients will receive non-perishable food items, dairy and fresh produce (when in season). Food will be distributed on a first come, first served basis. The dates and time set up for the near future are on the last Wednesday of each month; April 30, May 28, and June 25. More dates may be announced after June. Questions about qualifying can be answered by contacting Phoebe Kitson 610-873-6000, at the Chester County Food Bank, or by email at pkitson@chestercountyfoodbank.org.
How you can help others:
There is a need for volunteers at this Honey Brook distribution. Please see the list on the bulletin board in the Outreach section. Lin Williams

STEWARDSHIP TEAM NEWS *cont. on pg. 4*

INK TONERS LGLC is still in need of empty ink toners for the Staples recycling program. Please place empty containers in the designated box on the table in the vestibule. Thank you.

Please refer to the church website www.livinggodchurch.org to view LGLC's online calendar.





Over the years you have seen me behave in ways that, well, may seem a bit unorthodox for pastors. You've seen me preach with a variety of props, from the pulpit, from the aisle, and even in my bare feet. You've seen me eating a donut, and using all sorts of videos to get your attention. You've learned that I can, at times, appear care-free, even care-less when it seems fitting to me to do so. Early on, I assume that some of you have questioned whether or not I am mentally fit to be a pastor. 😊 My friends, as you've come to know me, you know that there is always a reason for everything I do. There is always a method to my madness.

I believe that God takes great risks for our sake. I believe God's risk taking began with our creation. From the beginning, we were created from God's own image. An image we learn from scripture to be one that has the freedom to give and receive love. That, I find, to be the greatest gift given to us. Unfortunately, for God's sake, and for all of humankind, the freedom to give and receive love is also the same freedom to not love or be loved. Unfortunately, far too often, we say no to God's invitation. So, instead of living in a world that loves God and one another, we live a world that hates, ignores, abandons, kills, and destroys. God took a great risk, when we were given the freedom to love. As we look at what we have done with that gift, it is easy to think that God must be crazy to do such a thing.

Fortunately, for we who find ourselves in the communion of Christ, we have heard the good news that God does not give up on us. After eons of struggle with the results of sinful actions; after countless rejections to God's loving invitation, we find in Jesus a God who remains willing to take one more big risk on creation. In Jesus we encounter a God who desires to be with us even though we hate, ignore, abandon, kill and destroy His creation. With Jesus, God takes the ultimate risk. God promises to love us even if we never love back. Even when Jesus, God's own Son, becomes the target of our hate, ignorance, abandonment, and murderous ways, God brings him back to life, offering forgiveness, showing us by his wounds that we cannot stop God's love for us. This is the greatest risk! There is nothing more that God could possibly do to win our hearts. God has already risked everything! This God must be crazy---crazy in love, indeed!

I've heard it said that faith in God is simply the heart saying yes to God's loving invitation. I believe this, and I want others to believe it also. The method to my madness; the reason I find it necessary, at times, to take risks as a pastor, is because I hope that in some way my willingness to do such things reveals the great risk that God took for you and me. Furthermore, I hope that God's risk taking inspires you to try something, maybe a little crazy, for the sake of sharing God's love with others.

Collectively, I hope we are willing to start taking some risks together for the sake of Honey Brook and its neighboring communities. Honey Brook, as we know, is not one community, but actually a collection of communities. There is Tel Hai, Knob Hill, Indian Run, Valley View and several others with various different folks scattered in between. It may sound a bit crazy, but what I'm asking us to do is begin to think about creative ways that we can take our ministry beyond the walls of our church and into these communities.

Easter is a celebration of God's greatest risk. He risked His Son, Jesus, for us. Our lives, and the promise of life eternal, are our blessings thanks to this great risk of God. What risk shall we take to carry this gift to others?

Happy Easter,

+ Rich Moore

The Rev. Richard Moore, pastor

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Living God Lutheran Church

3200 Horseshoe Pike
Honey Brook, Pennsylvania 19344

Office Hours

Tues., Wed., Thu.,
9AM to 4PM

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Or current resident

STEWARDSHIP TEAM NEWS

cont. from pg. 2

Health and Wellness Do you know your blood pressure?

There are important numbers to know about your health, and two very important ones are the upper and lower numbers of your blood pressure. Millions of Americans have high blood pressure, or "hypertension". It is the most common risk factor for heart attack and stroke, kidney failure and more. Unfortunately, barely half of Americans with high blood pressure have it under control, and many don't even know what their blood pressure is! New guidelines for managing blood pressure were recently released that will help you and your doctor better manage blood pressure.

What is blood pressure?

Blood pressure is the force exerted on the arteries by a wave of blood propelled from the heart. It is given as two numbers, each measurement is recorded in millimeters of mercury (mm Hg). In a reading such as 120/80, the top number is called *Systolic* pressure and measures the pressure in the arteries when the heart contracts. The bottom number is called *Diastolic* pressure and measures the pressure in the arteries when the heart relaxes between beats.

- Normal (meaning healthy) blood pressure: a systolic pressure under 120 and a diastolic pressure under 80.
- Hypertension or high blood pressure: a systolic pressure of 140 or higher and/or a diastolic pressure of 90 or higher.

What are the new guidelines?

In a nutshell, here is what the new guidelines recommend:

- Among adults age 60 and older with high blood pressure, aim for a target blood pressure under 150/90.

- among adults age 30 to 59 with high blood pressure, aim for a target blood pressure under 140/90
- Among adults with diabetes or chronic kidney disease, aim for a target blood pressure under 140/90.

How do I lower a high blood pressure?

The experts agree that everyone with high blood pressure, as well as those in the gray zone between normal and high blood pressure, adopt healthy lifestyle changes known to control blood pressure. These include losing weight if necessary, limiting salt intake, eating a diet rich in fruits, vegetables, and whole grains, and keeping physically active (hit the walking trail this spring!). Often medications are needed to get blood pressure in range. There are many types of medications, all of which work a bit differently to get the desired result. No one likes to take medications, but not taking prescribed medicines or stopping them without letting your doctor know can be a very dangerous decision. The risk of the medications is minimal, whereas leaving high blood pressure untreated puts you at a very high risk. Feeling good is not a measure, as high blood pressure has few to no symptoms.

Know your blood pressure!

We hold a monthly screening on the first Sunday of every month right after the service. You receive a card to keep track of your readings to share with your doctor, and can talk with one of our nurses. Have a great day!!